



Blood Pressure Clinics

Our blood pressure clinics are free of charge. All welcome; no appointment necessary.
No Clinics on Holidays. If you have any questions, please call the Community Education Office at (616) 847-5512.

First Monday:	10:30-11:30 am, Loutit Library, Grand Haven
First Tuesday:	9:15-10:00 am, Evergreen Village Apartments, Spring Lake
First Tuesday:	10:15-11:00 am, Liberty Woods, Spring Lake
First Wednesday:	9:00-10:00 am, NOCH Back Dining Room
Second Monday:	9:30-10:30 am, Pinewood Place, Grand Haven
Second Wednesday:	9:30-10:30 am, D&W, Grand Haven
Second Thursday:	9:00-10:30 am, Taskers Drug Store, Coopersville
Second Friday:	8:30-9:30 am, Senior Center, Grand Haven
Third Monday:	9:30-10:30 am, Meijer, Grand Haven
Third Wednesday:	10:30-11:15 am, Lloyd's Bayou Senior Apartments, Spring Lake
Fourth Monday:	11:00 am-12:00 pm, Knights of Columbus, Conklin
Fourth Friday:	11:00 am-12:00 pm, Church of Savior, Coopersville*
Fourth Friday:	9:30-10:30 am, Spring Lake District Library



North Ottawa Community
Health System

where you need us most.

*Note September-December 2010 Clinics
September 24
October 29
November, No Clinic
December 3