



North Ottawa Community Hospital Cafe

Week of Monday September 11, 2017

Mindful Tip of the Week:

Did you know that it takes 36 apples to produce 1 gallon of cider?

Hours

Monday - Friday

Breakfast

6:30am-9:30am

Continental Breakfast

9:30am-11:00am

Lunch

11:30am-1:30pm

Salad & Deli Bar

1:30pm-5:00pm

Dinner

5:00pm-6:45pm

Saturday - Sunday

Continental Breakfast

8:00am-11:00am

Lunch

11:30am-1:30pm

Cafe Closes at 2:00pm

on Weekends

Managers

Food Service Manager

Peggy Hoover

847-5246

Dietitian

Kelli Meyer

847-5357

Monday, September 11, Patriot Day

Entree: Cheese Manicotti with 2 Sauces
Roast Pork ☺

Sweet Potatoes
Mixed Vegetables

Soup: Cream of Broccoli Soup

Tuesday, September 12

Entree: Beef Stroganoff
Turkey, Pear & Freekah Salad ☺

Steamed Rice

Roasted Zucchini

Soup: Cheese Soup

Wednesday, September 13

Entree: Meatloaf
Chicken Tacos ☺

Whipped Potatoes
California Blend Vegetables

Soup: Homemade Chicken & Wild Rice Soup

Thursday, September 14, Oktoberfest pt. I

Entree: Pork Cutlet Schnitzel
Corned Beef, Coleslaw & Swiss Sandwich

Roasted Red Potatoes with Cider Vinaigrette

Brussel Sprouts with Bacon

Soup: Beer Cheese Soup

Friday, September 15

Entree: Chicken Wings
Augratin Potatoes with Diced Ham

Corn

Soup: Italian Wedding Soup

Saturday, September 16

Entree: Cheese Manicotti ☺
Garlic Breadstick

Spinach

Soup: Squash Bisque

Sunday, September 17

Entree: 4 piece Fried Chicken

Whipped Potatoes

Green Beans

Soup: Split Pea with Ham