

# Café Menu

Week of May 22, 2023

## MONDAY, May 22

Jerk Salmon  
Jerk Chicken  
Wild Rice  
Peas 


**Soup: Chicken Tortilla Soup**

## TUESDAY, May 23

Black Pepper Turkey Wrap  
Chicken & Quinoa Salad  
Whipped Potatoes & Gravy

**Soup: Chicken Gumbo**

## WEDNESDAY, May 24

Cavatappi with Sausage  
Broccoli   
Garlic Bread

**Soup: Chicken with Rice Soup**

## THURSDAY, May 25

Baked Potato Bar

**Soup: Tomato Florentine Soup**

## FRIDAY, May 26, Summer Begins

Chicken Tenders  
French Fries

**Soup: Cheese Soup**

## Café Hours

### Monday-Friday

Breakfast: 6:30-9:30 AM

Continental Breakfast: 9:30-11:00 am

Lunch: 11:30 AM-1:30 PM

Grab & Go 1:30-4:30 pm

Dinner (Monday-Thursday): 4:30-6:30 PM

**Café closes Friday at 3:00 PM**

## MINDFUL TIP OF THE WEEK:

Your thumb, from knuckle to the tip, is about the size of a tablespoon. Double it for a single serving of peanut butter.

### Managers:

Food Service: Jim Donnellon, 616.847.5246

Dietitian: Kelli Meyer, 616.847.5357

*NOTE: If you have food allergy concerns, please ask your server.*

