

Café Menu

Week of March 13, 2023

MONDAY, March 13

Baked Salmon
Chicken Tenders
French Fries
Peas

Soup: Cheese Soup

TUESDAY, March 14

Open Face Hot Beef Sandwich
Chicken & Quinoa Salad
Whipped Potatoes & Gravy

Soup: Chicken Gumbo

WEDNESDAY, March 15

Spaghetti Carbonara
Spaghetti with Meatballs
Broccoli

Soup: Chicken with Rice Soup

THURSDAY, March 16

Flatbread Pizza

Soup: Tomato Florentine Soup

FRIDAY, March 17th, Happy St. Patricks' Day

Corned Beef & Cabbage
Red Potatoes
Carrots

Soup: Beer Cheese Soup

Café Hours

Monday-Friday

Breakfast: 6:30-9:30 AM

Continental Breakfast: 9:30-11:00 am

Lunch: 11:30 AM-1:30 PM

Grab & Go 1:30-4:30 pm

Dinner (Monday-Thursday): 4:30-6:30 PM

Café closes Friday at 3:00 PM

MINDFUL TIP OF THE WEEK:

A medium potato is about 160 calories, 36 grams of carbs & 0 grams of fat. A large french fry is 470 calories, 64 grams of carbs & 22 grams of fat.

Managers:

Food Service: Jim Donnellon, 616.847.5246

Dietitian: Kelli Meyer, 616.847.5357

NOTE: If you have food allergy concerns, please ask your server.

