

Café Menu

Week of May 16, 2022

MONDAY, May 16

Sloppy Joe 🍏

Roast Turkey 🍏

Whipped Potatoes

Spinach ✓

Soup: Potato AuGratin Soup

TUESDAY, May 17

Turkey Club Wrap

Roasted Salmon 🍏

Rice Pilaf

California Blend Vegetables ✓

Soup: Chicken Gumbo

WEDNESDAY, May 18

Chicken Tinga Tacos

Grilled Kielbasa with Peppers & Onions

Onion Rings

Corn ✓

Soup: Cheese Soup

THURSDAY, May 19

Chicken Tortellini

Cali BLT Wrap

Peas ✓

Soup: Chicken Noodle

FRIDAY, May 20

Burger Bar

Soup: Vegetable Beef Soup

Café Hours

Monday-Friday

Breakfast: 6:30-9:30 AM

Continental Breakfast: 9:30-11:00 am

Lunch: 11:30 AM-1:30 PM

Grab & Go 1:30-4:30 pm

Dinner (Monday-Thursday): 4:30-6:30 PM

Café closes Friday at 3:00 PM

MINDFUL TIP OF THE WEEK:

Choose to use extra
virgin olive oil in place
of butter.

It's the healthiest
oil to use.

Managers:

Food Service: Peggy Hoover, 616.847.5246

Dietitian: Kelli Meyer, 616.847.5357

*NOTE: If you have food allergy concerns,
please ask your server.*



North Ottawa Community
Health System