

# Café Menu

Week of June 6, 2022

## MONDAY, June 6

Honey Mustard Roast Pork 

Chimichanga

Broccoli 

Spanish Rice

**Soup: Golden Broccoli Soup**

## TUESDAY, June 7

Pizzetta Meal

Chipotle Chicken Pizzetta

Hawaiian BBQ Chicken Pizzetta

**Soup: Chicken & Wild Rice Soup**

## WEDNESDAY, June 8

Cobb Salad

Chicken & Dumplings

Redskin Potatoes

California Blend Vegetables 

**Soup: Minestrone Soup**

## THURSDAY, June 9

Nacho Bar

Taco Bar

**Soup: Veggie Chili**

## FRIDAY, June 10

Burger Bar

French Fries

**Soup: Cheese Soup**

## Café Hours

Monday-Friday

Breakfast: 6:30-9:30 AM

Continental Breakfast: 9:30-11:00 am

Lunch: 11:30 AM-1:30 PM

Grab & Go 1:30-4:30 pm

Dinner (Monday-Thursday): 4:30-6:30 PM

**Café closes Friday at 3:00 PM**

## MINDFUL TIP OF THE WEEK:

A new study has found that eating a serving of avocado twice a week, could lower your heart disease risk by 16%.

**Managers:**

**Food Service: Peggy Hoover, 616.847.5246**

**Dietitian: Kelli Meyer, 616.847.5357**

*NOTE: If you have food allergy concerns, please ask your server.*



North Ottawa Community Health System