

Café Menu

Week of August 15, 2022

MONDAY, August 15

Honey Mustard Roast Pork 🍏
Spinach & Quinoa Salad 🍏

Broccoli ✓

Wild Rice

Soup: Golden Broccoli Soup

TUESDAY, August 16

Pizzetta Meal

Chicken Spinachi Pizzetta

Hawaiian BBQ Chicken Pizzetta

Featured Dessert Pizzetta

Soup: Chicken & Wild Rice Soup

WEDNESDAY, August 17

Orange Almond Quinoa Chicken Salad
Chimichanga

California Blend Vegetables ✓

Soup: Minestrone Soup

THURSDAY, August 18

Boston Club Sub

Sloppy Joe 🍏

Mac & Cheese

Mixed Vegetables ✓

Soup: Vegetable Beef Soup

FRIDAY, August 19

Chicken Tenders

French Fries

Soup: Cheese Soup

Café Hours

Monday-Friday

Breakfast: 6:30-9:30 AM

Continental Breakfast: 9:30-11:00 am

Lunch: 11:30 AM-1:30 PM

Grab & Go 1:30-4:30 pm

Dinner (Monday-Thursday): 4:30-6:30 PM

Café closes Friday at 3:00 PM

MINDFUL TIP OF THE WEEK:

Do you eat a lot of berries?

They are packed with

antioxidants, fiber

& Vitamins.

Managers:

Food Service: Tina Powers, 616.847.5246

Dietitian: Kelli Meyer, 616.847.5357

*NOTE: If you have food allergy concerns,
please ask your server.*



North Ottawa Community
Health System