Café Menu
Week of May 4, 2020

**MONDAY, May 4**
- Chicken Kiev
- Cheese Stuffed Shells
- Wild Rice
- Peas
**Soup: Pasta Fagioli Soup**

**TUESDAY, May 5, Cinco De Mayo**
- Tacos
- Tacos
- Nachos
**Soup: SW Vegetable Chili**

**WEDNESDAY, May 6**
- Bowlful

**Soup: French Onion Soup**

**THURSDAY, May 7**
- Bowlful

**Soup: Chicken with Wild Rice Soup**

**FRIDAY, May 8**
- Coconut Shrimp
- French Fries

**Soup: Vegetable Beef Soup**

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**Café Hours**

**Monday-Friday**
- Breakfast: 6:30-9:30 AM
- Continental Breakfast: 9:30-11:00 am
- Lunch: 11:30 AM-1:30 PM
- Salad Bar 1:30-5:00 pm

**Dinner (Monday-Thursday): 5:00-6:45 PM**

*Café closes Friday at 3:00 PM*

**MINDFUL TIP OF THE WEEK:**

**Eat Slower:**

*Slow eaters consume fewer calories. It takes approximately 20 minutes for your brain to receive the message of fullness.*

**MANAGEMENT:***

Food Service: Peggy Hoover, 616.847.5246
Dietitian: Kelli Meyer, 616.847.5357

**NOTE:** If you have food allergy concerns, please ask your server.