**MONDAY, April 6**
Lasagna
Vegetable Lasagna 🌽
Wild Rice
California Blend Vegetables 🌽
**Soup: Minestrone Soup 🌽**

**TUESDAY, April 7**
B’ Rito

**Soup: Beef Noodle Soup**

**WEDNESDAY, April 8**
B’ Rito

**Soup: Au Gratin Potato Soup**

**THURSDAY, April 9**
Roast Turkey 🌽
Apple Sage Pork Sausage
Whipped Potatoes
Mixed Vegetables 🌽
**Soup: Split Pea with Ham**

**FRIDAY, April 10, Good Friday**
Chicken Wings
Beer Battered Fish
French Fries
**Soup: Squash Bisque 🌽**

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**Café Hours**

- **Monday-Friday**
  - Breakfast: 6:30-9:30 AM
  - Continental Breakfast: 9:30-11:00 am
  - Lunch: 11:30 AM-1:30 PM
  - Salad Bar: 1:30-5:00 pm
  - Dinner (Monday-Thursday): 5:00-6:45 PM
  - Café closes Friday at 3:00 PM

**MINDFUL TIP OF THE WEEK:**
Not enough time is a common excuse for not exercising. Shortening the length of your workout, but increasing intensity can help fit it in.

**Spring Break Week– Get Outside!**

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**Managers:**
- Food Service: Peggy Hoover, 616.847.5246
- Dietitian: Kelli Meyer, 616.847.5357

**NOTE:** If you have food allergy concerns, please ask your server.